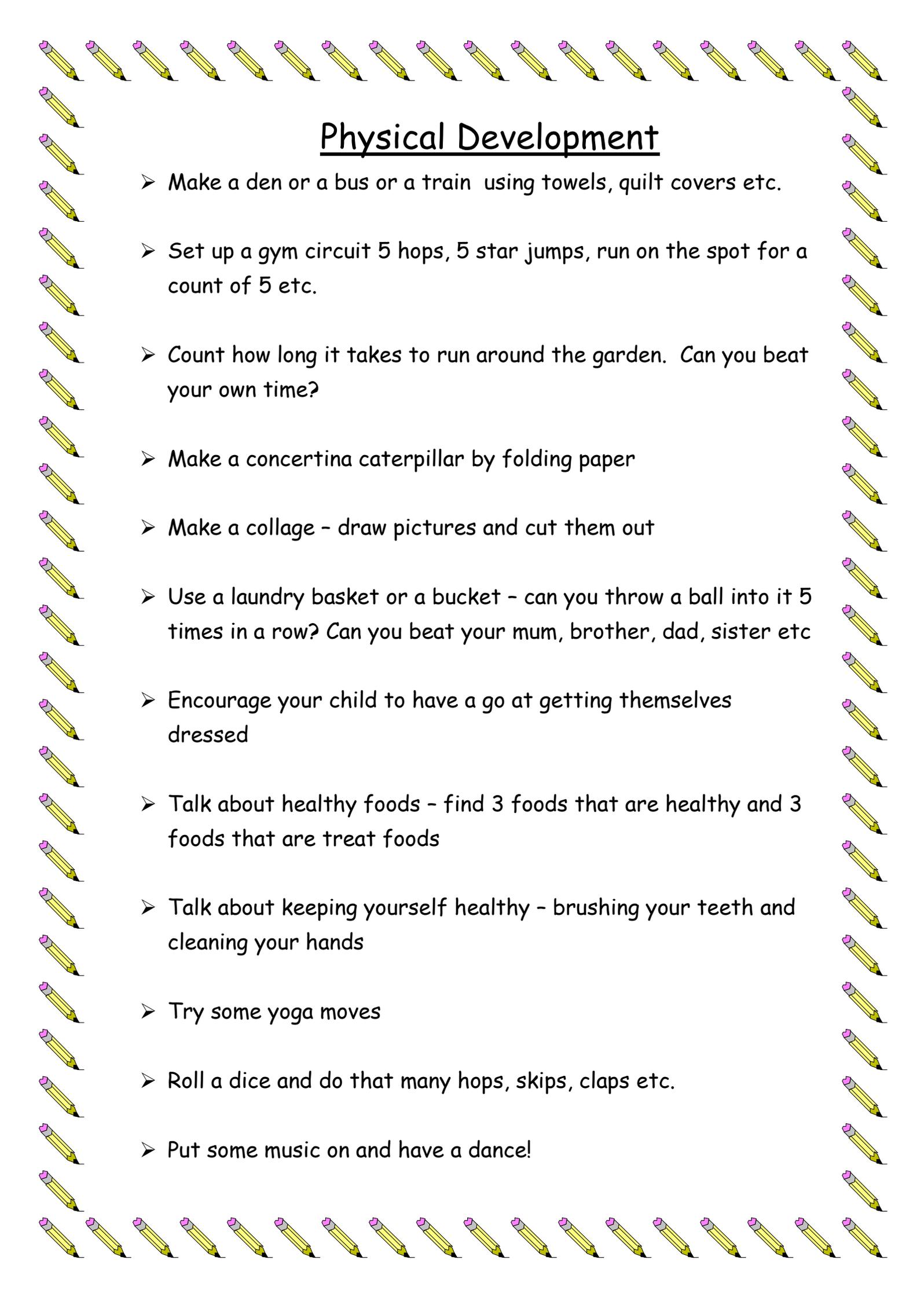


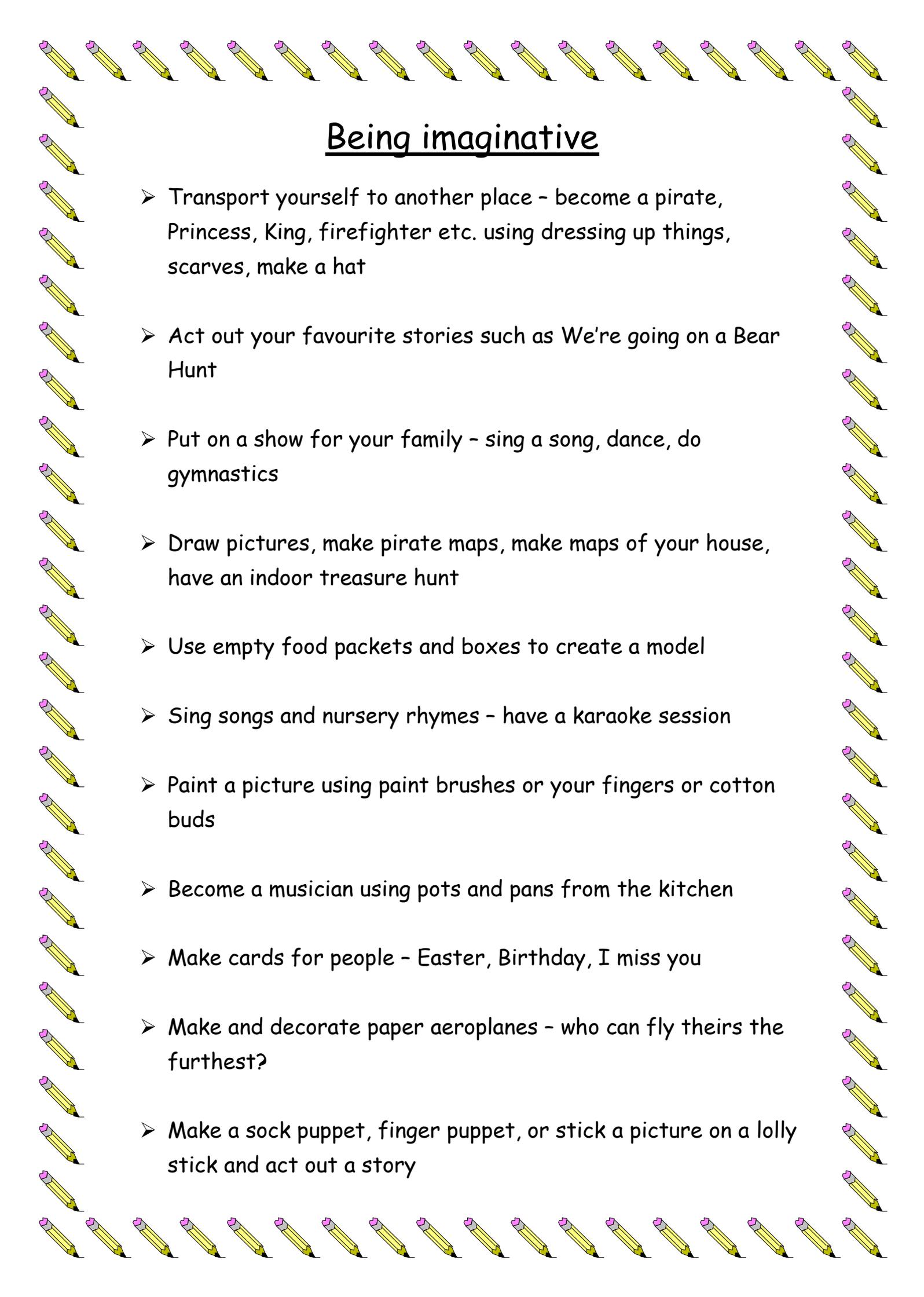
Maths

- We have been learning about counting. Sing some counting songs such as 5 little speckled frogs, no more monkeys jumping on the bed. Count from 0 - 10
- Play snap - say the number on the card when you put it down
- Play shop - count how many items you have in your basket, pay for your items using coins. Use your cans to do some questions such as who has the most cans?
- Weigh out ingredients to make a cake or count the ingredients needed to make other yummy treats
- Talk about the days of the week (get the children to sing it to you!) Use language such as this afternoon, tomorrow, yesterday
- Weigh 2/3 items (use your hands if you haven't got scales) and order them from the lightest to the heaviest
- Find and name 2D and 3D shapes in the environment triangle etc.
- Make a repeating pattern - e.g. banana, beans, banana, beans
- Find things around you house that are bigger or smaller than your shoe
- Use 'position' language such as put your teddy under the table



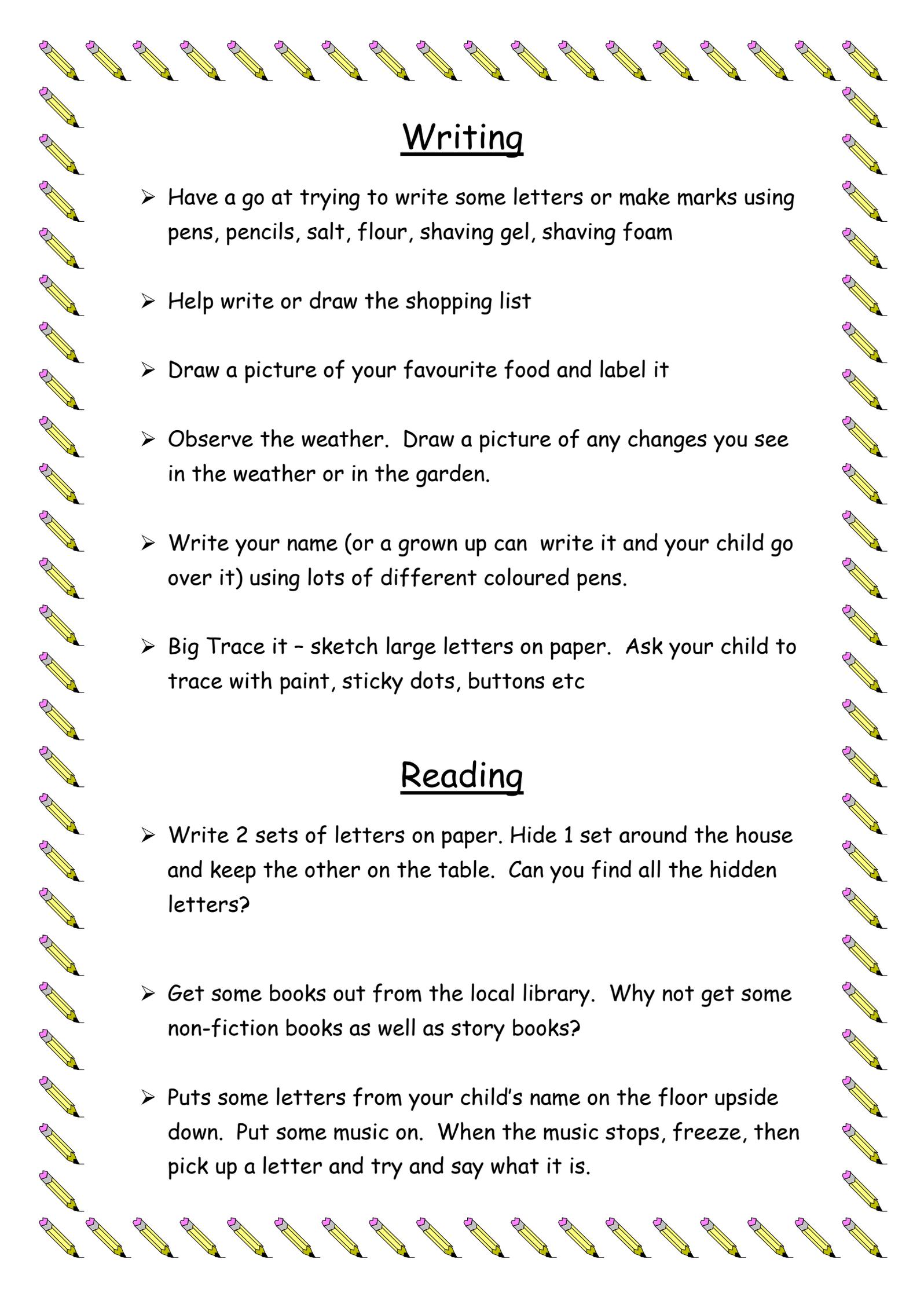
Physical Development

- Make a den or a bus or a train using towels, quilt covers etc.
- Set up a gym circuit 5 hops, 5 star jumps, run on the spot for a count of 5 etc.
- Count how long it takes to run around the garden. Can you beat your own time?
- Make a concertina caterpillar by folding paper
- Make a collage - draw pictures and cut them out
- Use a laundry basket or a bucket - can you throw a ball into it 5 times in a row? Can you beat your mum, brother, dad, sister etc
- Encourage your child to have a go at getting themselves dressed
- Talk about healthy foods - find 3 foods that are healthy and 3 foods that are treat foods
- Talk about keeping yourself healthy - brushing your teeth and cleaning your hands
- Try some yoga moves
- Roll a dice and do that many hops, skips, claps etc.
- Put some music on and have a dance!



Being imaginative

- Transport yourself to another place - become a pirate, Princess, King, firefighter etc. using dressing up things, scarves, make a hat
- Act out your favourite stories such as We're going on a Bear Hunt
- Put on a show for your family - sing a song, dance, do gymnastics
- Draw pictures, make pirate maps, make maps of your house, have an indoor treasure hunt
- Use empty food packets and boxes to create a model
- Sing songs and nursery rhymes - have a karaoke session
- Paint a picture using paint brushes or your fingers or cotton buds
- Become a musician using pots and pans from the kitchen
- Make cards for people - Easter, Birthday, I miss you
- Make and decorate paper aeroplanes - who can fly theirs the furthest?
- Make a sock puppet, finger puppet, or stick a picture on a lolly stick and act out a story

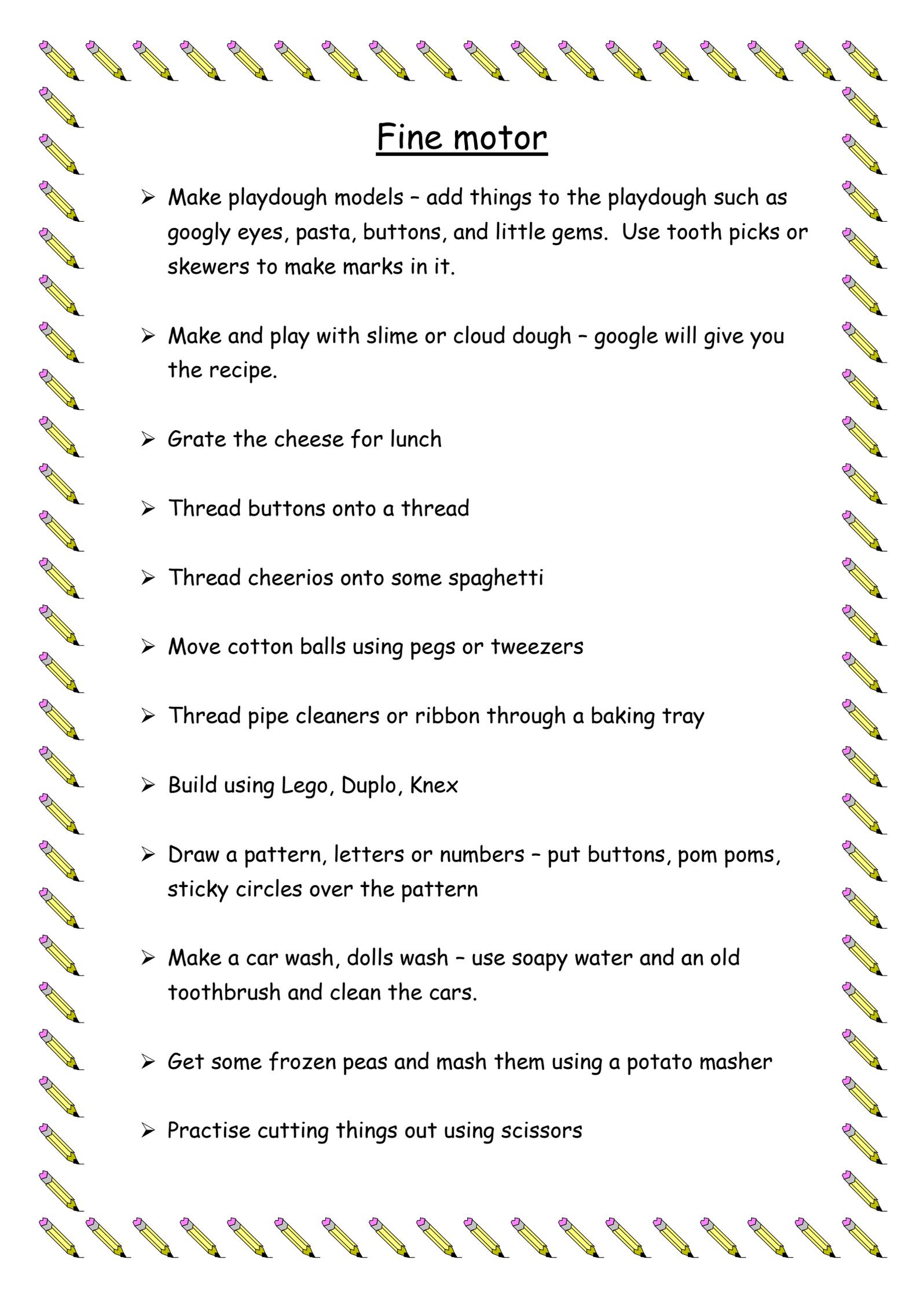


Writing

- Have a go at trying to write some letters or make marks using pens, pencils, salt, flour, shaving gel, shaving foam
- Help write or draw the shopping list
- Draw a picture of your favourite food and label it
- Observe the weather. Draw a picture of any changes you see in the weather or in the garden.
- Write your name (or a grown up can write it and your child go over it) using lots of different coloured pens.
- Big Trace it - sketch large letters on paper. Ask your child to trace with paint, sticky dots, buttons etc

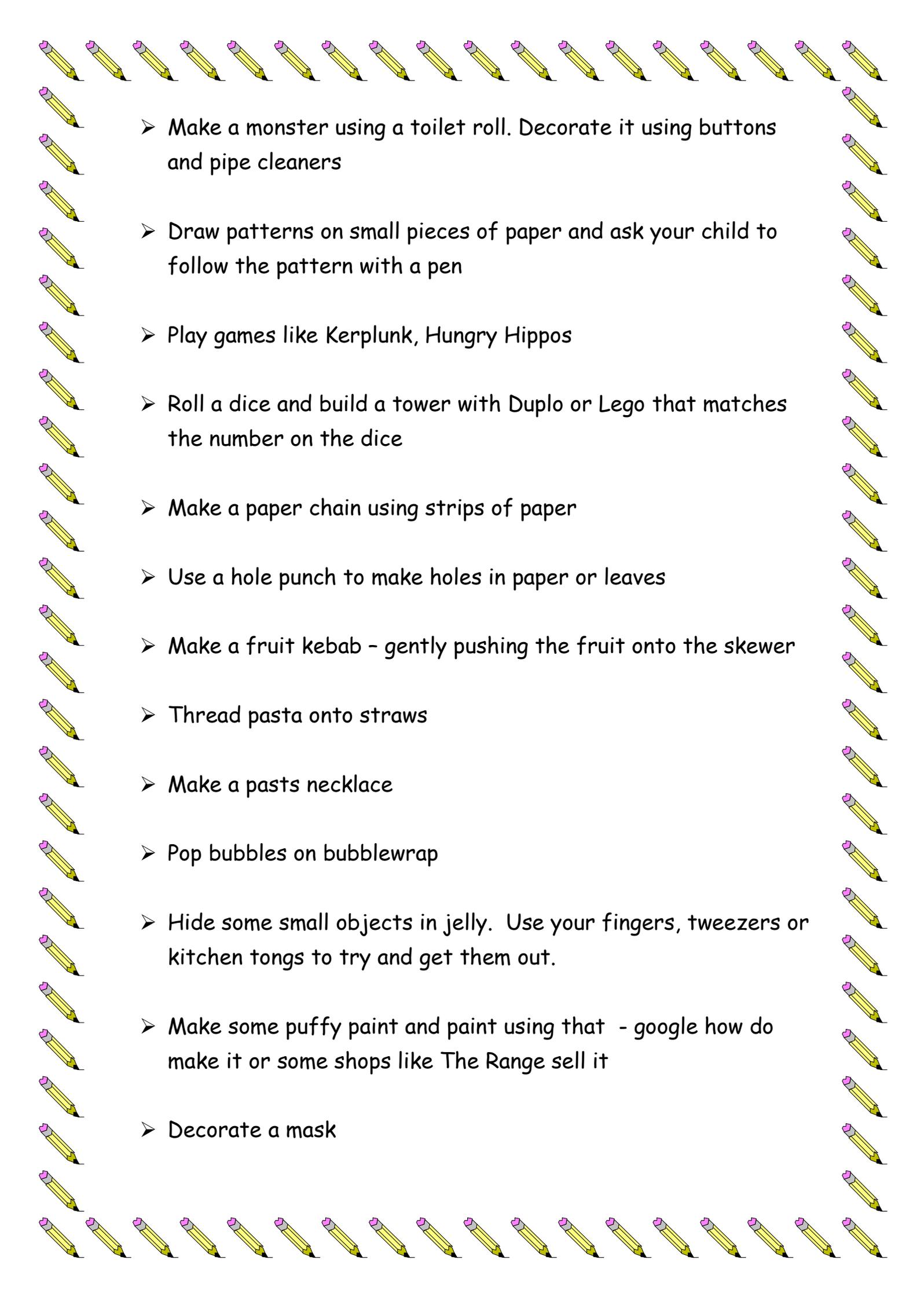
Reading

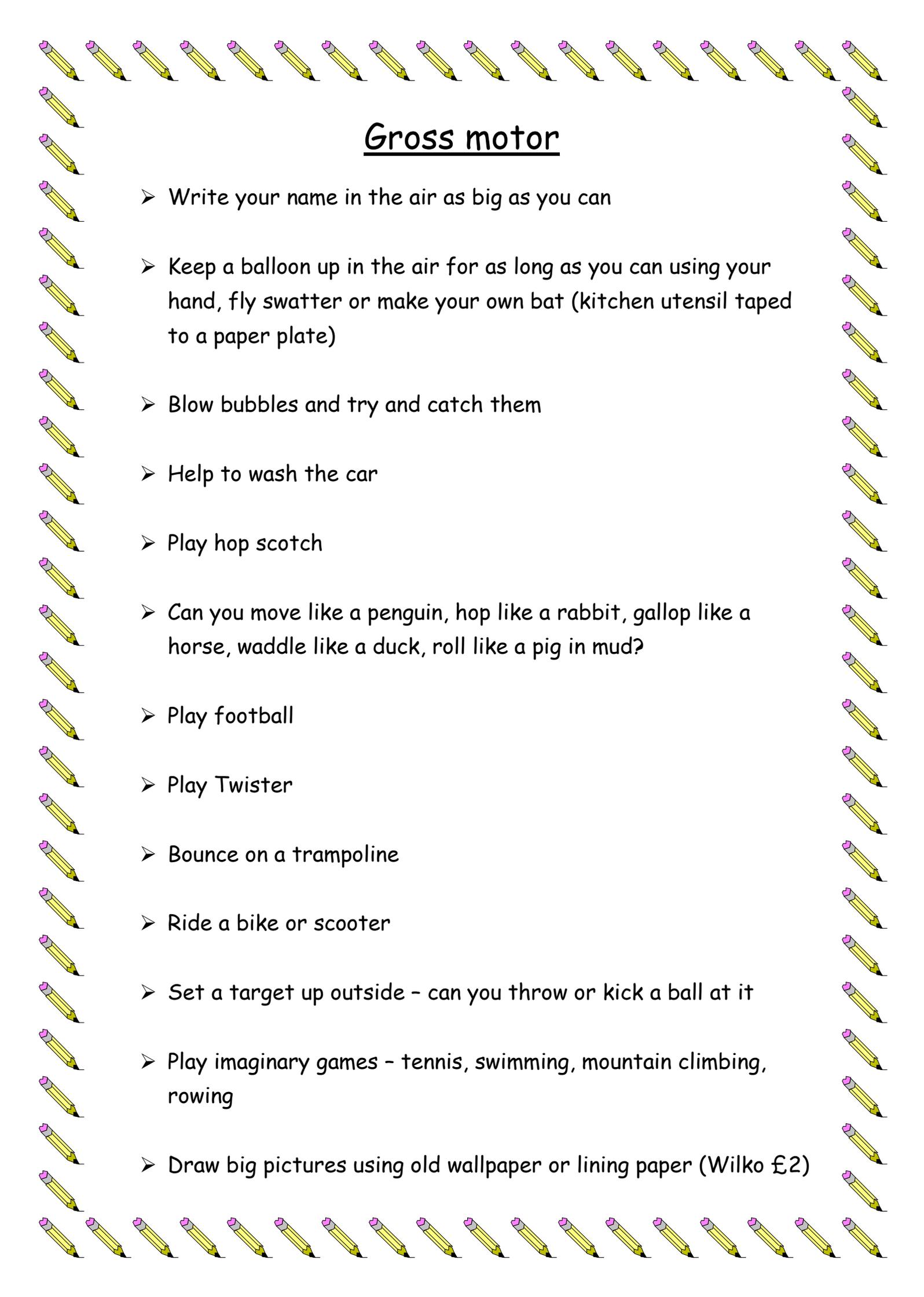
- Write 2 sets of letters on paper. Hide 1 set around the house and keep the other on the table. Can you find all the hidden letters?
- Get some books out from the local library. Why not get some non-fiction books as well as story books?
- Put some letters from your child's name on the floor upside down. Put some music on. When the music stops, freeze, then pick up a letter and try and say what it is.



Fine motor

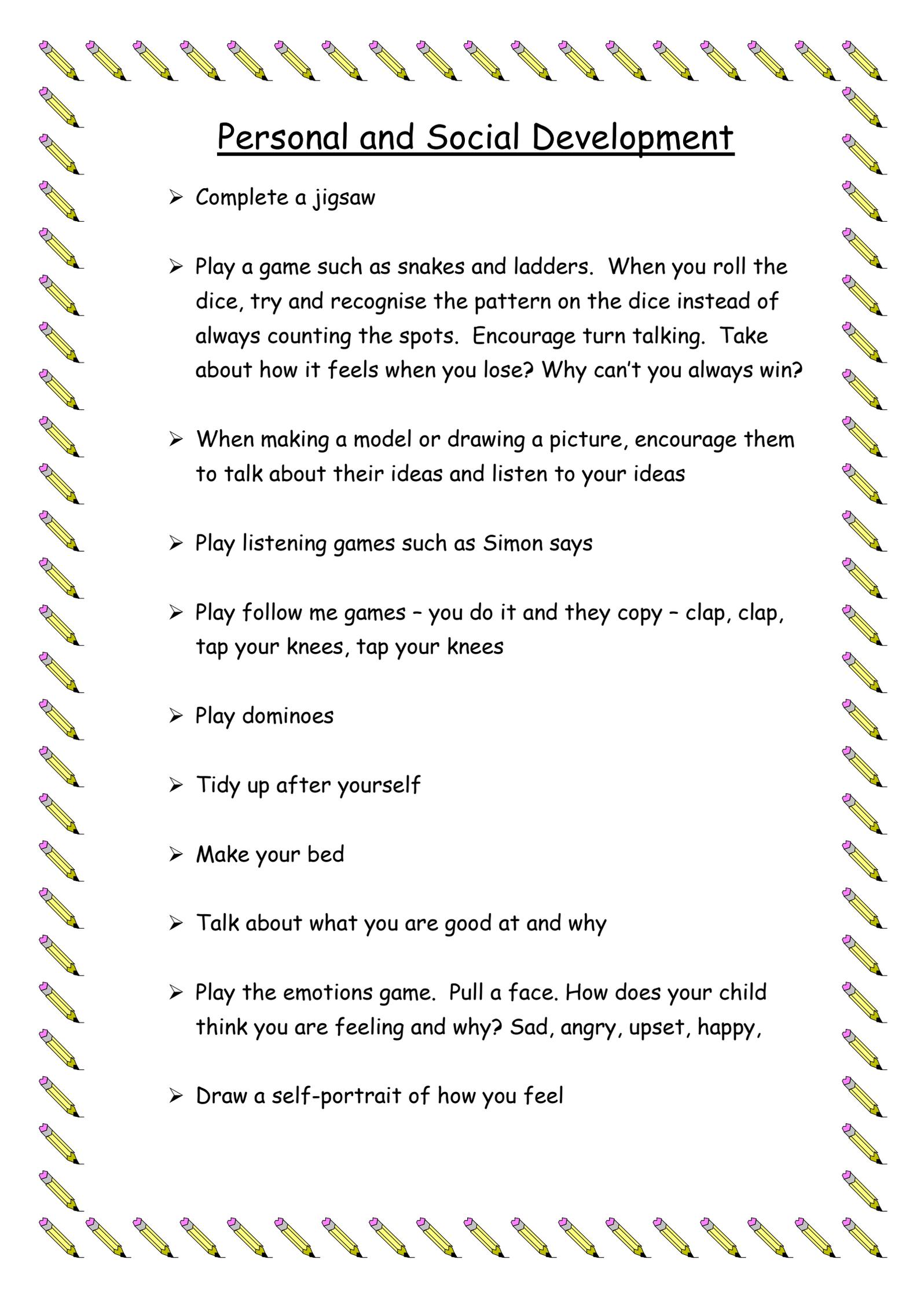
- Make playdough models - add things to the playdough such as googly eyes, pasta, buttons, and little gems. Use tooth picks or skewers to make marks in it.
- Make and play with slime or cloud dough - google will give you the recipe.
- Grate the cheese for lunch
- Thread buttons onto a thread
- Thread cheerios onto some spaghetti
- Move cotton balls using pegs or tweezers
- Thread pipe cleaners or ribbon through a baking tray
- Build using Lego, Duplo, Knex
- Draw a pattern, letters or numbers - put buttons, pom poms, sticky circles over the pattern
- Make a car wash, dolls wash - use soapy water and an old toothbrush and clean the cars.
- Get some frozen peas and mash them using a potato masher
- Practise cutting things out using scissors

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- Make a monster using a toilet roll. Decorate it using buttons and pipe cleaners
 - Draw patterns on small pieces of paper and ask your child to follow the pattern with a pen
 - Play games like Kerplunk, Hungry Hippos
 - Roll a dice and build a tower with Duplo or Lego that matches the number on the dice
 - Make a paper chain using strips of paper
 - Use a hole punch to make holes in paper or leaves
 - Make a fruit kebab - gently pushing the fruit onto the skewer
 - Thread pasta onto straws
 - Make a pasta necklace
 - Pop bubbles on bubblewrap
 - Hide some small objects in jelly. Use your fingers, tweezers or kitchen tongs to try and get them out.
 - Make some puffy paint and paint using that - google how do make it or some shops like The Range sell it
 - Decorate a mask



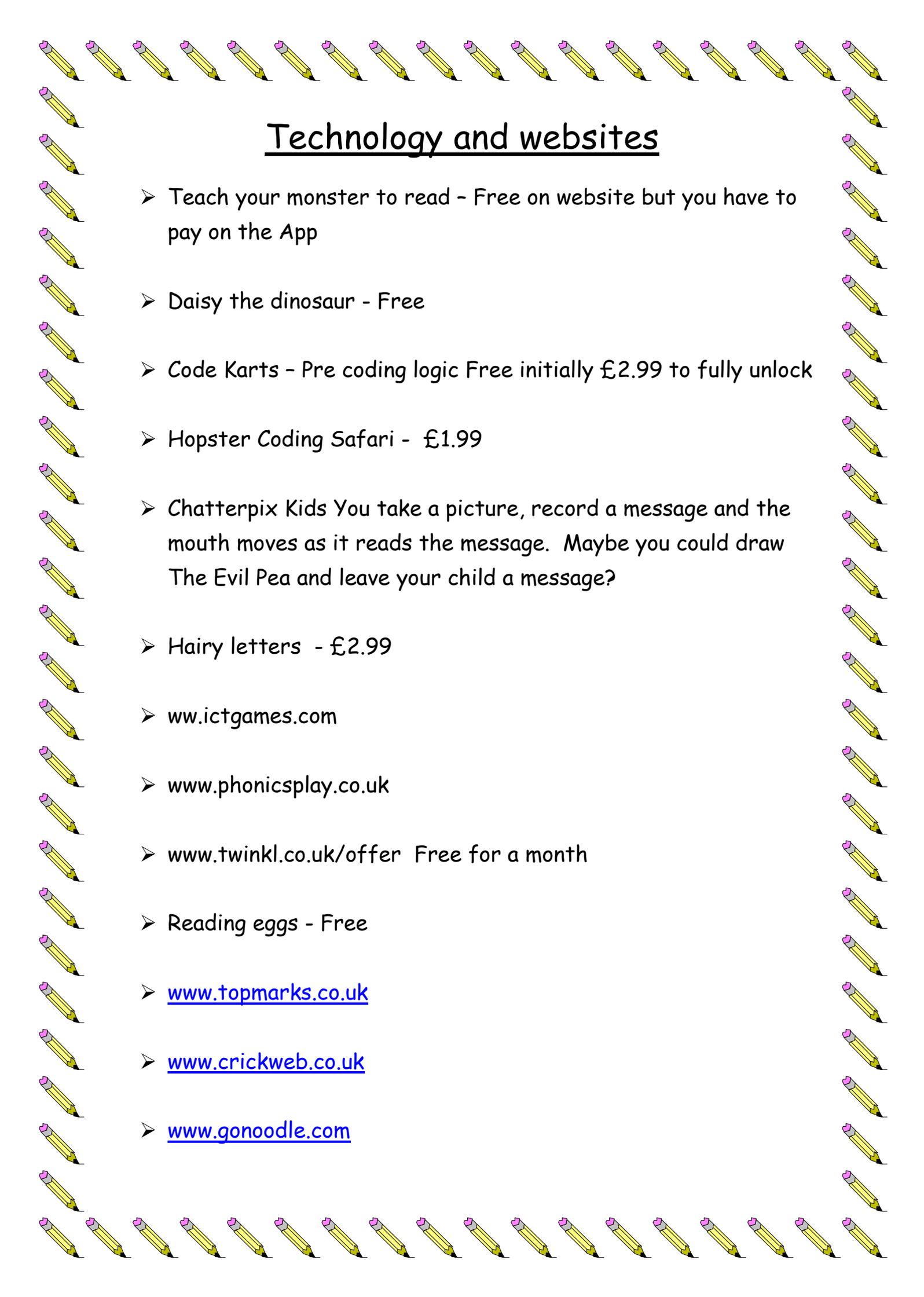
Gross motor

- Write your name in the air as big as you can
- Keep a balloon up in the air for as long as you can using your hand, fly swatter or make your own bat (kitchen utensil taped to a paper plate)
- Blow bubbles and try and catch them
- Help to wash the car
- Play hop scotch
- Can you move like a penguin, hop like a rabbit, gallop like a horse, waddle like a duck, roll like a pig in mud?
- Play football
- Play Twister
- Bounce on a trampoline
- Ride a bike or scooter
- Set a target up outside - can you throw or kick a ball at it
- Play imaginary games - tennis, swimming, mountain climbing, rowing
- Draw big pictures using old wallpaper or lining paper (Wilko £2)



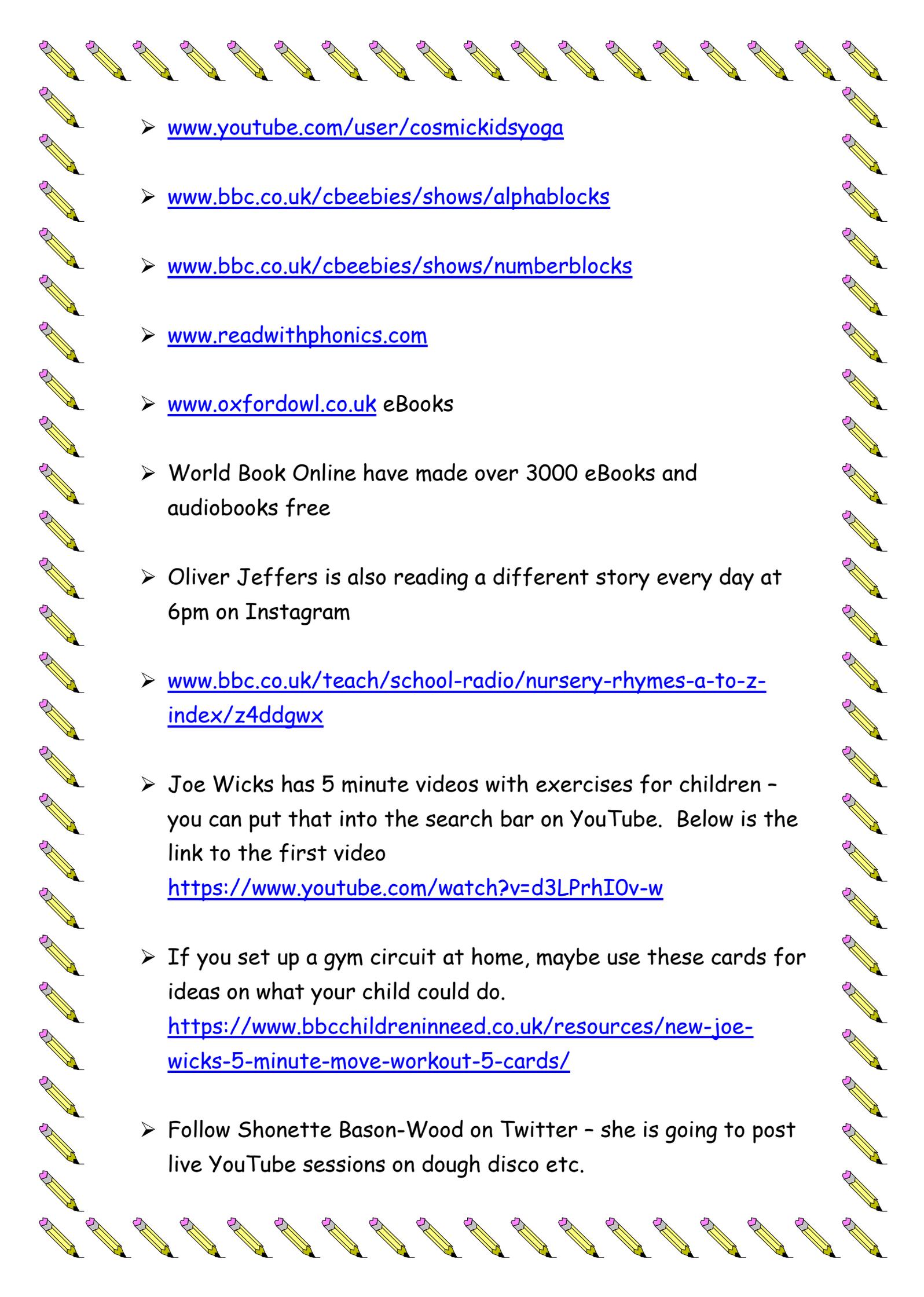
Personal and Social Development

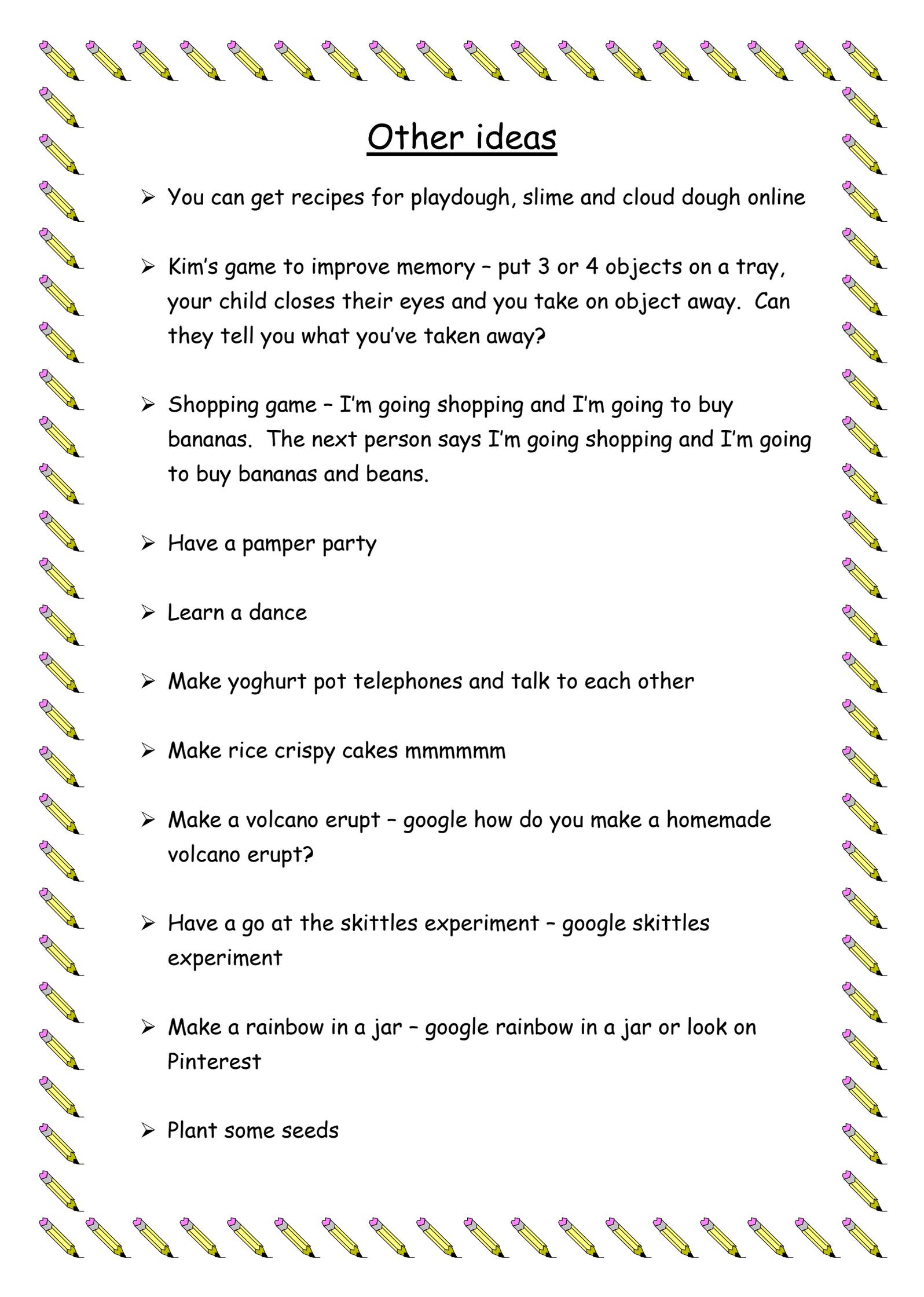
- Complete a jigsaw
- Play a game such as snakes and ladders. When you roll the dice, try and recognise the pattern on the dice instead of always counting the spots. Encourage turn talking. Take about how it feels when you lose? Why can't you always win?
- When making a model or drawing a picture, encourage them to talk about their ideas and listen to your ideas
- Play listening games such as Simon says
- Play follow me games - you do it and they copy - clap, clap, tap your knees, tap your knees
- Play dominoes
- Tidy up after yourself
- Make your bed
- Talk about what you are good at and why
- Play the emotions game. Pull a face. How does your child think you are feeling and why? Sad, angry, upset, happy,
- Draw a self-portrait of how you feel



Technology and websites

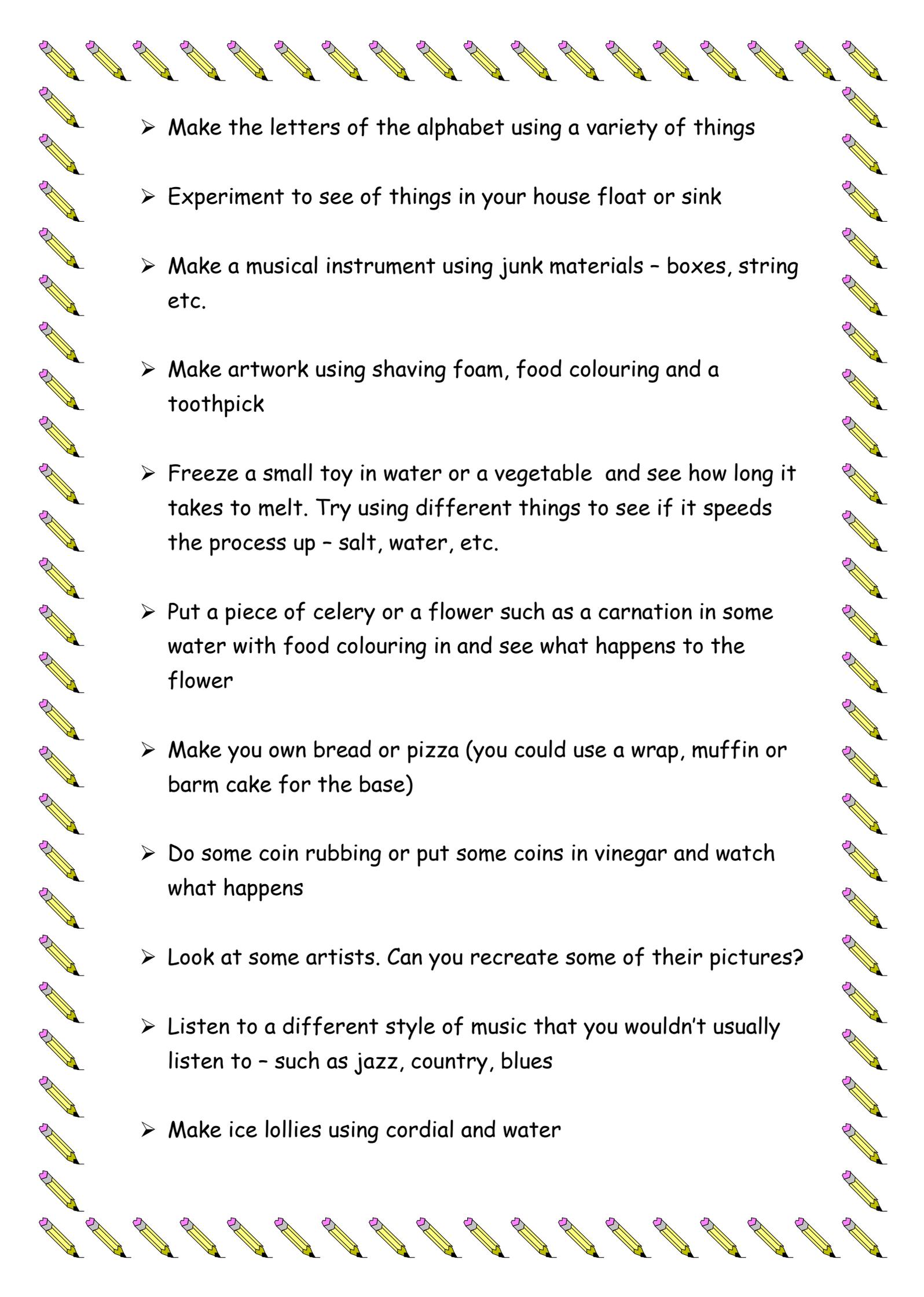
- Teach your monster to read - Free on website but you have to pay on the App
- Daisy the dinosaur - Free
- Code Karts - Pre coding logic Free initially £2.99 to fully unlock
- Hopster Coding Safari - £1.99
- Chatterpix Kids You take a picture, record a message and the mouth moves as it reads the message. Maybe you could draw The Evil Pea and leave your child a message?
- Hairy letters - £2.99
- ww.ictgames.com
- www.phonicsplay.co.uk
- www.twinkl.co.uk/offer Free for a month
- Reading eggs - Free
- www.topmarks.co.uk
- www.crickweb.co.uk
- www.gonoodle.com

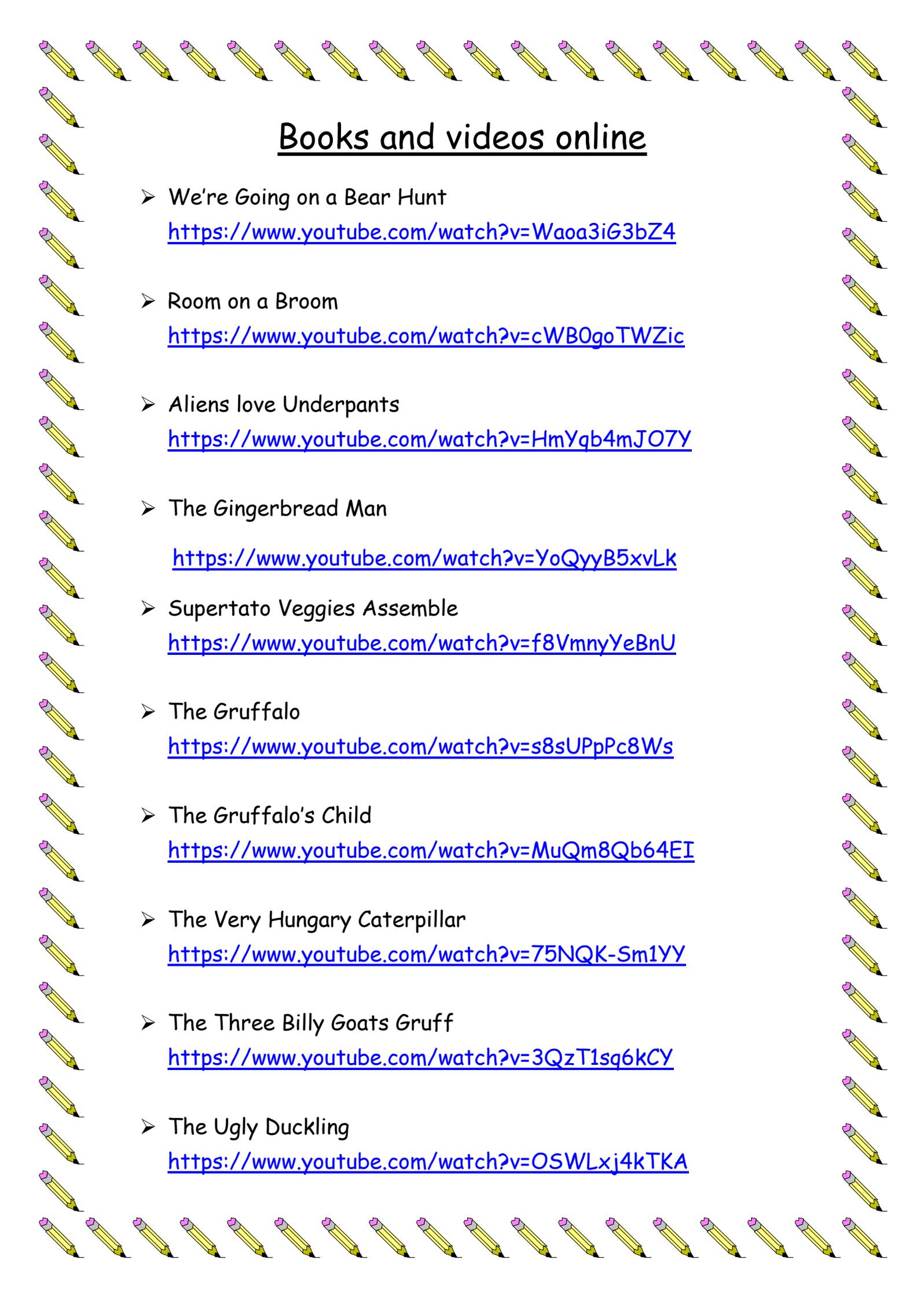
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- www.youtube.com/user/cosmickidsyoga
 - www.bbc.co.uk/cbeebies/shows/alphablocks
 - www.bbc.co.uk/cbeebies/shows/numberblocks
 - www.readwithphonics.com
 - www.oxfordowl.co.uk eBooks
 - World Book Online have made over 3000 eBooks and audiobooks free
 - Oliver Jeffers is also reading a different story every day at 6pm on Instagram
 - www.bbc.co.uk/teach/school-radio/nursery-rhymes-a-to-z-index/z4ddgwx
 - Joe Wicks has 5 minute videos with exercises for children - you can put that into the search bar on YouTube. Below is the link to the first video
<https://www.youtube.com/watch?v=d3LPrhIOv-w>
 - If you set up a gym circuit at home, maybe use these cards for ideas on what your child could do.
<https://www.bbcchildreninneed.co.uk/resources/new-joe-wicks-5-minute-move-workout-5-cards/>
 - Follow Shonette Bason-Wood on Twitter - she is going to post live YouTube sessions on dough disco etc.



Other ideas

- You can get recipes for playdough, slime and cloud dough online
- Kim's game to improve memory - put 3 or 4 objects on a tray, your child closes their eyes and you take one object away. Can they tell you what you've taken away?
- Shopping game - I'm going shopping and I'm going to buy bananas. The next person says I'm going shopping and I'm going to buy bananas and beans.
- Have a pamper party
- Learn a dance
- Make yoghurt pot telephones and talk to each other
- Make rice crispy cakes mmmmmm
- Make a volcano erupt - google how do you make a homemade volcano erupt?
- Have a go at the skittles experiment - google skittles experiment
- Make a rainbow in a jar - google rainbow in a jar or look on Pinterest
- Plant some seeds

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- Make the letters of the alphabet using a variety of things
 - Experiment to see if things in your house float or sink
 - Make a musical instrument using junk materials - boxes, string etc.
 - Make artwork using shaving foam, food colouring and a toothpick
 - Freeze a small toy in water or a vegetable and see how long it takes to melt. Try using different things to see if it speeds the process up - salt, water, etc.
 - Put a piece of celery or a flower such as a carnation in some water with food colouring in and see what happens to the flower
 - Make your own bread or pizza (you could use a wrap, muffin or barm cake for the base)
 - Do some coin rubbing or put some coins in vinegar and watch what happens
 - Look at some artists. Can you recreate some of their pictures?
 - Listen to a different style of music that you wouldn't usually listen to - such as jazz, country, blues
 - Make ice lollies using cordial and water



Books and videos online

- We're Going on a Bear Hunt

<https://www.youtube.com/watch?v=Waoa3iG3bZ4>

- Room on a Broom

<https://www.youtube.com/watch?v=cWB0goTWZic>

- Aliens love Underpants

<https://www.youtube.com/watch?v=HmYqb4mJO7Y>

- The Gingerbread Man

<https://www.youtube.com/watch?v=YoQyyB5xvLk>

- Supertato Veggies Assemble

<https://www.youtube.com/watch?v=f8VmnyYeBnU>

- The Gruffalo

<https://www.youtube.com/watch?v=s8sUPpPc8Ws>

- The Gruffalo's Child

<https://www.youtube.com/watch?v=MUQm8Qb64EI>

- The Very Hungry Caterpillar

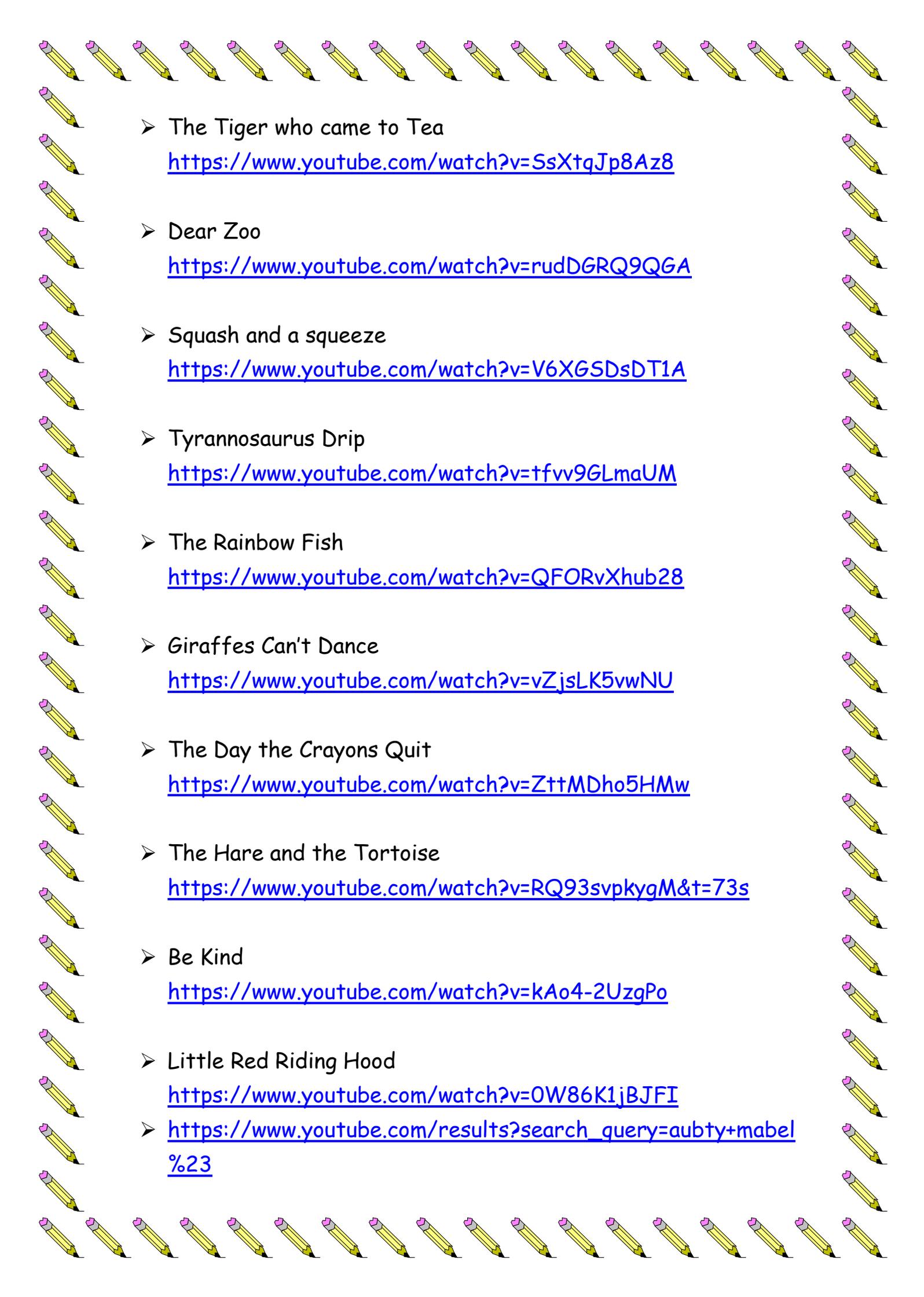
<https://www.youtube.com/watch?v=75NqK-Sm1YY>

- The Three Billy Goats Gruff

<https://www.youtube.com/watch?v=3QzT1sq6kCY>

- The Ugly Duckling

<https://www.youtube.com/watch?v=OSWLxj4kTKA>

- 
- The Tiger who came to Tea

<https://www.youtube.com/watch?v=SsXtqJp8Az8>

- Dear Zoo

<https://www.youtube.com/watch?v=rudDGRQ9QGA>

- Squash and a squeeze

<https://www.youtube.com/watch?v=V6XGSDsDT1A>

- Tyrannosaurus Drip

<https://www.youtube.com/watch?v=tfvv9GLmaUM>

- The Rainbow Fish

<https://www.youtube.com/watch?v=QFORvXhub28>

- Giraffes Can't Dance

<https://www.youtube.com/watch?v=vZjsLK5vwNU>

- The Day the Crayons Quit

<https://www.youtube.com/watch?v=ZttMDho5HMw>

- The Hare and the Tortoise

<https://www.youtube.com/watch?v=RQ93svpkygM&t=73s>

- Be Kind

<https://www.youtube.com/watch?v=kAo4-2UzgPo>

- Little Red Riding Hood

<https://www.youtube.com/watch?v=OW86K1jBJFI>

- https://www.youtube.com/results?search_query=aubty+mabel%23