Make Do and Mend

During World War II, there were many shortages of food, clothing and materials. In 1941, clothes rationing began. This meant that people had to be very careful with the clothes they had to ensure that they lasted as long as possible. Hand-me-downs (clothes passed down from older family members) were common for most children.

As a result of these shortages, people got very creative with the items they had. They adapted or mended old and worn-out clothes and other material (such as bed sheets) to make new items.

Research and explain the following:

- During World War II, how were clothes adapted and given a new lease of life?
- How did fashions change as a result of the war?



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