



# Physical Education

## Problem Solving Year 3

### Unit Purpose

The unit of work will **explore** what makes an **effective team** through different problem-solving **challenges**.

Throughout the unit, there will be a focus on pupils developing skills essential to working within a team.

### Inspire Me

**Sir Alex Ferguson** is a former football manager of Manchester United. During the 26 seasons he spent as the clubs manager he won 38 trophies including 13 league titles and 2 Champions League trophies.



### Key Success Criteria

- P** Pupils will work within a team to complete the different problem solving challenges successfully.
- C** Pupils will apply an understanding of what makes an effective team and understand how important their role is within the team.
- S** Pupils will develop life skills such as respect and communication as they collaborate with their team members to successfully complete the challenges.
- W** Pupils will develop their ability to remain positive and try their best in every challenge. They will begin to show leadership attributes.

### Vocabulary for Learning

**Communication:** Is the method of transferring information from one person or a group to another. Types of communication include: verbal, nonverbal, written and visual.

**Tactics:** Tactics are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

**Teamwork:** Teamwork is the combined effort of a group to achieve a goal or complete a task in the most effective and efficient way.

**Strategy:** is a planned set of actions that are used by a team or individual to achieve a long-term goal. We plan a strategy and then use specific tactics to help us achieve our goal.



### Sport Specific Vocabulary

**Problem Solving:** means the ability to find a solution to overcome a challenge. An individual or a team needs to create then apply a strategy and tactics to solve a problem and achieve their goal.

**Cooperation:** Cooperate is another word used to define teamwork, meaning to work together to achieve a goal or complete a task in the most effective way possible.





# Physical Education

## Problem Solving Year 4

### Unit Purpose

The unit of work will develop pupil's ability to apply effective **teamwork** through different problem-solving **challenges**. Throughout the unit, there will be a focus on pupils' ability to **apply** skills essential to working within a team as well as create effective **tactics**.

### Inspire Me

**Tom Brady** is the most successful American football quarterback of all time. Brady holds the record for the most yards passed. This means Brady has been able to communicate his tactics and where he is going to throw the ball to his team.



### Key Success Criteria

- P** Pupils will work within teams to find effective strategies and tactics in order to complete the different problem solving challenges successfully.
- C** Pupils will apply an ability to evaluate and improve strategies to solve the problems.
- S** Pupils will develop life skills such as trust and collaboration as they work effectively with their team mates to complete the challenges.
- W** Pupils will demonstrate leadership attributes as they take responsibility for their team members.

### Vocabulary for Learning

**Communication:** Is the method of transferring information from one person or a group to another. Types of communication include: verbal, nonverbal, written and visual.

**Tactics:** Tactics are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

**Teamwork:** Teamwork is the combined effort of a group to achieve a goal or complete a task in the most effective and efficient way.

**Strategy:** is a planned set of actions that are used by a team or individual to achieve a long-term goal. We plan a strategy and then use specific tactics to help us achieve our goal.



### Sport Specific Vocabulary

**Non-verbal communication:** is a method of sending messages or signals without speaking. This includes actions such as making eye contact, using hand gestures or changing a body language or posture to communicate.

**Verbal communication** is a method of communicating using our voice. When communicating verbally it is important that our message is clear and precise so that our team members can understand.





# Physical Education

## Problem Solving Year 5

### Unit Purpose

The unit of work will refine pupil's ability to apply effective **teamwork** through different problem-solving **challenges**. Throughout the unit, there will be a focus on pupils' ability to **apply** skills essential to working within a team as well as create, **evaluate** and adapt **tactics**.

### Inspire Me

**Bodyline** was a tactic used by the English cricket team against Australia in 1932. This meant bowling the ball into the body of the batsman with the hope that the ball would be caught by a fielder standing close by.



### Key Success Criteria

- P** Pupils will be able to pass, move and shoot accurately and consistently. They will be able to switch fluidly between attack and defence as possession changes.
- C** Pupils will be able to think tactically and suggest good ideas for completing the challenges.
- S** Pupils will develop communication skills as they officiate in game based scenarios. Pupils will also start to lead their team and manage their games.
- W** Pupils will apply effective leadership skills as they control their own emotions and take responsibility for their team members.

### Vocabulary for Learning

**Communication:** Is the method of transferring information from one person or a group to another. Types of communication include: verbal, nonverbal, written and visual.

**Tactics:** Tactics are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

**Teamwork:** Teamwork is the combined effort of a group to achieve a goal or complete a task in the most effective and efficient way.

**Strategy:** is a planned set of actions that are used by a team or individual to achieve a long-term goal. We plan a strategy and then use specific tactics to help us achieve our goal.



### Sport Specific Vocabulary

**Adapt:** is the ability to change or modify something depending on the situation. An individual or team may need to adapt their tactics to help them achieve their goal.

**Listening:** Listening is the ability to accurately receive and interpret messages from our team in the communication process.

**Support:** means to help and encourage other members of your team.





# Physical Education

## Problem Solving Year 6

### Unit Purpose

The unit of work will consolidate pupil's ability to apply effective **teamwork** through different problem-solving **challenges**. Throughout the unit, there will be a focus on pupils' ability to **lead** others, **applying** skills essential to working within a team as well as create, **evaluate** and adapt **tactics**.

### Inspire Me

**Martin Johnson** is a retired rugby union player and former England Captain. Johnson's leadership and motivational qualities were instrumental in leading England to victory in the 2003 Rugby World Cup.



### Key Success Criteria

- P** Pupils will apply a refined understanding of passing and moving to score points against another team.
- C** Pupils will be able to think tactically and create, evaluate and refine tactics for completing the challenges.
- S** Pupils will apply advanced communication skills, taking the lead to ensure everyone in their team understands their role and the tactics to be executed.
- W** Pupils will constantly apply life skills such as integrity and self motivation by playing by the rules and leading others by example.

### Vocabulary for Learning

**Communication:** Is the method of transferring information from one person or a group to another. Types of communication include: verbal, nonverbal, written and visual.

**Tactics:** Tactics are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

**Teamwork:** Teamwork is the combined effort of a group to achieve a goal or complete a task in the most effective and efficient way.

**Strategy:** is a planned set of actions that are used by a team or individual to achieve a long-term goal. We plan a strategy and then use specific tactics to help us achieve our goal.



### Sport Specific Vocabulary

**Leadership:** Leadership is the ability to guide members of your team towards achieving your goal.

**Team Member:** A team member is an individual within a team who has a specific role and responsibility to perform. Team members need to cooperate and work together to enable their team achieve its goal.

**Trust:** Is the ability to have the confidence to believe in the actions of your team or partner.

