Lesson Structure:

Charter > Connect Us >

Calm Me >Open My Mind >

Tell Me or Show Me > Let Me learn

Help Me Reflect

Dreams and Goals

Year 4

Big Question:

What can I do if I, or some I know, is faced with disappointment?

Assessment Outcomes:

I can plan and set new goals even after a disappointment. I can explain what it means to be resilient and to have a positive attitude.

I can tell you about some of my hopes and dreams. I know how it feels to have hopes and dreams

Dream, Hope, Perserverance, Positive, Attitude

I understand that sometimes hopes and dreams do not come true and that this can hurt. I know how disappointment feels and can identify when I have felt that way.

Dreams, Hopes, Disappointment, Hurt, Resilience

I know that reflecting on positive and happy experiences can help me to counteract disappointment . I know how to cope with disappointment and how to help others cope with theirs.

Dreams, Disappointment, Goals, Plans, Cope, / help, Resilience

I can identify the contributions made by myself and others to the group's achievement . I know how to share in the success of a group and how to store this success experience in my internal treasure chest

Resilience, Positive attitude, Review, Disappointment, Learning, Success, Celebrate, Evaluate

I know how to work out the steps to take to achieve a goal, and can do this successfully as part of a group. I can enjoy being part of a group challenge.

Goal, Team work, Design, Cooperation

I know how to make a new plan and set new goals even if I have been disappointed . I know what it means to be resilient and to have a positive attitude.

Resilience, Self-belief, Motivation, Perseverance, Determination, Goal, Dream, Commitment

Key Vocabulary

Determination, Resilience, Positive attitude, Disappointment, Commitment, Self-belief, Hope, Help, Plans, Cope

Threads

Obstacles and Defeat, Progress