



PE
Year 1

Ball Skills—Feet

Can I keep the ball close to me when moving with the ball? Do I know what the correct term is for moving with the ball?



Can I show my knowledge of what control means? Can I show what control is when a friend passes me the ball?



Can I pass the ball using my feet? Can I explain why do we need to be accurate when passing a ball with our feet?



Can I demonstrate when, where and why we dribble a ball into space?



Can I be ready to receive the ball when it is passed to me? Can I move into space once I have received the ball?



Can I show when to dribble and when to pass in order to keep possession?

Celebration/Evaluation

.Participate in a '5 v 1' attack and defence game to show understanding of ball skills using feet.

Key Vocabulary

Attacker, defender, space, dribbling, passing, control,
inaccurate, combine, accurate

What to revisit?

Basic fundamental movements, finding space, moving into space.